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Dr. Zhang received his bachelor degree in Chinese medicine from the Guangzhou College of Traditional Chinese Medicine, now the Guangzhou University of Traditional Chinese Medicine in 1987. He then went to Australia and studied in the University of Sydney to obtain his PhD degree in neuroscience in 1993. He worked at the University of New South Wales as a post-doctoral research associate in sensory physiology, and then joined the University of Technology, Sydney as a lecturer in acupuncture in 1996. In 1998, he moved to the Hong Kong Baptist University and took part in establishing the first Chinese Medicine undergraduate program in Hong Kong. He served as the Director of Master of Acupuncture and Moxibustion Programme in 2015-2019, and developed the first course that integrated Chinese medicine health cultivation and lifestyle medicine in 2018. Dr. Zhang's current research areas include clinical trial study of acupuncture efficacy, pain management and TCM telehealth (e.g., non-invasive detection and management of diabetes using smartphones). He is also a seasoned practitioner of acupuncture and Chinese herbal medicine. He is on the editorial committee of World Journal of Acupuncture-Moxibustion, Medicine, and Journal of Alternative, Complementary & Integrative Medicine.

張世平博士 1987 年畢業於廣州中醫學院，即現在的廣州中醫藥大學。1993 年於澳洲悉尼大學獲神經科學方面的博士學位。其後曾於新南威爾士大學生理及藥物學院從事博士後研究，並於 1996 - 1998 年執教於悉尼科技大學。1998 年到浸會大學參與建立香港首個中醫學位課程。張博士目前的主要研究領域包括針灸對痛症的治療和針灸療效的臨床驗證，中醫食療養生等。他同時從事中醫臨床工作，是《世界針灸雜誌》的編委。張博士亦於 2015 年出任針灸學碩士學位課程主任。

Selected Publications 精選出版物

1. Li Y, Li J, Li M, Ho YS, Sun TC, Wang S, Wong WK, Zhang S, Kwan R, Wong AY, Yeung WF. Effect of home-based acupressure on constipation in people with spinal cord injury: A study protocol for a randomized controlled trial with a mixed-method approach. *European Journal of Integrative Medicine*. 2024 Jun 1; 68:102360.
2. Liu L.... Zhang S.P#. Syndrome analysis of Chinese medicine in 242 patients with COVID-19 in Hong Kong during their initial remote consultations. *Hong Kong Journal of Traditional Chinese Medicine*. 2022, 3:1-4.

3. Zhong LL, Wu X, Lam TF, Wong YP, Cao P, Wong EY, Zhang SP, Bian Z. Electroacupuncture for central obesity: randomized, patient-assessor blinded, sham-controlled clinical trial protocol. *BMC Complementary Medicine and Therapies*. 2021 Dec;21(1):1-8. (IF 2.838; 9/43 in INTEGRATIVE & COMPLEMENTARY MEDICINE)
4. Gadau M, Zhang SP#, Wang FC, Liguori S, Zaslowski C, Liu WH, Bangrazi S, Berle C, Razavy S, Bian ZX, Filomena P. A multi-center international study of Acupuncture for lateral elbow pain-Results of a randomized controlled trial. *European Journal of Pain*. 2020 Apr 17. (IF 3.487, 52/255 in CLINICAL NEUROLOGY)
5. Wang ZC, Zhang SP#, Yuen PC, Chan KW, Chan YY, Cheung CH, Chow CH, Chua KK, Hu J, Hu Z, Lao B. Intra-Rater and Inter-Rater Reliability of Tongue Coating Diagnosis in Traditional Chinese Medicine Using Smartphones: Quasi-Delphi Study. *JMIR Mhealth and Uhealth*. 2020 Mar 23. (IF 4.967, 6/35 in MEDICAL INFORMATICS)
6. Yeung, W. F., Chung, K. F., Zhang, Z. J., Zhang, S. P., Chan, W. C., Ng, R. M. K., ... & Lau, N. C. L. (2019). Electroacupuncture for tapering off long-term benzodiazepine use: a randomized controlled trial. *Journal of Psychiatric Research*, 109, 59-67. (IF 5.25; 41/152 in PSYCHIATRY)
7. Chung KF, Yeung WF, Yu BY, Zhang SP, Zhang ZJ. Combined electroacupuncture and auricular acupuncture for primary insomnia: a randomised controlled trial of dose-response effect. *Hong Kong Med J*. 2019 Feb;25 Suppl 2(1):28-33. (IF 1.588; 112/312 in MEDICINE, GENERAL & INTERNAL)

Patents

1. 王之纯，张世平；基于神经网络的舌象的识别方法、装置和计算机设备 CN202210454499.8. Granted 29 May 2024; China National Intellectual Property Administration.
2. 张世平, 血液中糖化血红蛋白成分值预测方法、装置、计算机设备和存储介质 (Zhang Shi Ping; Method, device, computer equipment and storage medium for prediction of glycated haemoglobin component in blood). Publication/Patent Number: CN110403611B. Granted 07 June 2022; China National Intellectual Property Administration.
3. 张世平，罗伯特·帕克斯；舌象获取方法、装置和系统 (Zhang Shi Ping, Robert Parcus; Tongue picture acquisition methods, device and system.) Publication/Patent Number: CN106859595B. Granted 5 May 2020; China National Intellectual Property Administration