

SCM Seminar

Evidence-based activities on Kampo and Integrative Medicine in Japan: EKAT, KCONSORT and eJIM Prof. Kiichiro TSUTANI

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| Date: | 17 June 2014 (Tue) |
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| Venue: | CVA 111 |
| Language: | English |
| Facilitator: | Prof. Bian Zhaoxiang |

Abstract

The Committee for Evidence-Based Medicine (EBM) of the Japanese Society for Oriental Medicine (JSOM, 日本東洋醫學會) was established in 2001. The JSOM has 8,500 members, out of which 85 % are physicians. The Committee's purpose is to transfer/disseminate (伝える *tsutaeru*) evidence of Kampo medicine to the users. It developed Evidence report of Kampo medicine Treatment (EKAT). Since 2005 it adopted systematic review approach focusing randomized controlled trials (RCT). EKAT 2013 contains 402 structured abstracts with third party's comments in both Japanese and English (<http://www.jsom.or.jp/medical/ebm/>). The CENTRAL of the Cochrane Library links to EKAT2010. Link to EKAT2013 is under preparation. Kampo diagnosis is used in 15% of them, i.e. entry criteria, exclusion criteria and others. The need to describe the characteristic of intervention for international users was noted and KCONSORT was developed in 2011. It provides information of characteristics of 148 ethical Kampo drugs marketed in Japan. This corresponds to Item 5 (Intervention) of the CONSORT Statement 2010. The Ministry of Health, Labor and Welfare of Japan (MHLW) started Integrative Medicine program in 2010. Fund was given to the studies not only Kampo medicine but also acupuncture-moxibustion, Anma-massage-shiatsu and others. Information site for Evidence-based Japanese Integrative Medicine (eJIM, <http://www.ejim.ncgg.go.jp/>) was developed in March 2014 as a MHLW project, which covers wide scope of complementary and alternative medicine (CAM) including traditional east Asian medicine (TEAM, 東亞細亞傳統醫學).