



Achieving Success in IBS Management : Think Beyond The Gut

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Date	: 20 December 2018 (Thu)
Time	: 3:00 pm – 4:00 pm
Venue	: SCM 809
Language	: English
Facilitator	: Prof. Bian Zhao Xiang

Abstract

Irritable Bowel Syndrome (IBS) is very common and is diagnosed in 10-20% of the population. Patients with IBS experience a constellation of chronic abdominal symptoms. In addition to changes in bowel functions, such as constipation and diarrhea, abdominal pain and bloating are the two most frequently reported symptoms by patients; hence, treatments alleviating these symptoms are important to achieve patient satisfaction. The exact mechanism of pathogenesis of IBS symptoms is unknown; however, it is believed to be multi-factorial. After attending this presentation, the participants will be able to:

- Describe the disease burden, and clinical manifestations of IBS
- Explain the brain-gut interaction in the pathogenesis of IBS symptoms
- Identify therapeutic agents that treat the cardinal symptoms of IBS - *Abdominal Pain, Bloating, Constipation, Diarrhea*
- Develop individualized treatment program that targets these functional abdominal symptoms in IBS patients

~ All are welcome ~